



# U3A LOWER NORTH

*Sharing Skills and Experience with Friends*

OCTOBER 2023 🍁 TERM FOUR

based on the University of the Third Age  
international educational movement

🍁 Post Office Box 480, Clare, South Australia, 5453 🍁

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U3A Lower North website: [www.u3alownorth.webs.com](http://www.u3alownorth.webs.com)

## *Dear Members,*

Greetings from a summery hollow in downtown Clare which seems to have short changed Spring.

Do you make the most of your iPad/tablet or mobile phone's functions? To celebrate Get Online Week we have booked the Barbara J. Long Room to run some training sessions on getting the most out of your digital devices. This will take place on Wednesday 18 October. The expert leading it will be Ian Stanley and each table will have someone to provide one-to-one help if you have any problems. Free lunch between sessions. Anyone welcome but bookings essential: Bonnie Stanley 0400 039 420.

The Stanley family will also feature at our AGM. Bonnie's daughter, Serena Lynch, will be our guest speaker. After her time in the police force Serena found an unusual second career. Many of us know what a wonderful consolation pets can be in hard times but Serena has taken a more planned approach to maximising the value of that supportive relationship. Join us on Friday 3 November to hear her interesting story.

There will be some vacancies on the management team this year and next, so if you have any interest in helping out, do contact Bonnie or myself, and get your nominations in by last Friday in October.

The AGM always ends with a chat over afternoon tea to celebrate our birthday (19 this year) so come along and do bring a friend.

## **THE VOLUNTEER DILEMMA**

In U3As it doesn't take long to exhaust the pool of volunteers amongst existing members. Perhaps only 1 in 20 will have the necessary skills and desire to be part of the management team. At our age we don't sign up to do this for 25 years, 2 to 6 years usually sees us earn our long service leave. That means we need a large and constant stream of new members to provide replacements. During and since COVID that stream has dropped to a trickle so I ask all members to be vigilant in encouraging new members and talent spotting potential leaders. We need all sorts of different skills and a willingness to be involved.

Deadline for nominations and photo contest is 5 pm Friday 27 October. No nominations at meeting.

## **PHOTOGRAPHY COMPETITION**

With the coming introduction of our Facebook page, photographs will become more important than ever. Thank you to everyone who has already submitted entries for the annual photography competition but we are hoping for many more. Photos displayed and prize awarded at AGM.

News including a new music group and other class updates inside, so do read on.

*See you back in the classroom,  
Claire*

## ACTIVE ARTISTS

Our Auburn and Burra Art groups have an exhibition at the Burra Regional Art Gallery, in the Bence Room from 23 September to 5 November. Theme is *Working and Learning Together*.

Judging was by Alan Aughey and Helen McDonald. This is in conjunction with the Art of the Flower and Garden Exhibition which is an annual event.

On Sunday 22 October from 10am to 3pm, the Art Group will have a marquee at the RFDS Art and Garden Spring Fair to be held at Lakeside Railway, Melrose Park. Some of their art will be for sale but you can also watch it being created as a few of the artists will be there painting on site, *en plein air*.

## END OF YEAR CELEBRATIONS

Our end-of-year break-up lunch and movie is scheduled for Friday 8 December. Keep the date free and look out for full details of film in the next newsletter which will be out at least a week beforehand.

## NEW MEMBER PAYMENTS

Remember any new member should fill out the New Members Enrolment Form downloadable from our website [www.u3alownorth.webs.com](http://www.u3alownorth.webs.com) or ask your group leader or any committee member for a copy. Payments can be made by:

- post cheques made out to 'U3A Lower North Inc.' to PO Box 480, Clare, 5453; or
- pay online. (U3A Lower North Inc., No. 748828019; BSB 085 558. For ID use surname followed by initial, e.g. John Smith = smithj. Emails to [u3alownorth@gmail.com](mailto:u3alownorth@gmail.com)).
- Make a note of details above and pay at NAB branch, Main Street, Clare. Still post membership form giving us full details.
- do it in person at enrolment day, 7 December.

## LOWER NORTH FACTS & FIGURES FOR THE FORGETFUL

TERM 4: \_ Monday 16 October to Fri. 8 December  
Annual General Meeting: \_\_\_\_ Friday 3 November  
End-of-year lunch & movie: \_\_\_\_ Friday 8 December  
Registration Day \_\_\_\_\_ Thursday 7 December  
2024 early bird rate deadline Sunday 31 December  
If meeting outside term dates inform the secretary to protect group leader insurance.

## CLASS UPDATES

**Ukelele** playing has spread through many U3As in recent years. Its popularity amongst seniors with no music background is no doubt due to the ukelele being simple and fun to learn. Until now we had no-one to act as a tutor. Steve and Tamar Young from Yacka have kindly offered to fill that void by teaching a group in Clare, Thursday mornings, Clare Town Hall.

Steve and Tamar have more strings to their bows than simple ukelele and would no doubt welcome students with wider musical interests.

Tamar plays piano, uke, clarinet, tin whistle, ocarina and sings; and Steve says he plays at playing 'free reeds': accordina (kind of a cross between button accordion and harmonica), harmonica, concertina, melodeon (type of button accordion), and is also learning the ukulele.

Steve says they play for the joy of being able to play, not just listen to, music. They use a program for sheet music to arrange their own scores and are always interested in adding to their knowledge.

**Petanque** is well and truly back on our program now daylight saving has started. You will find Group leader Kerry Lampard and the gang down at Melrose Park pistes every Tuesday afternoon, 3 to 5. New players welcome. No equipment required.

A couple of activities have run out of puff due to low attendances. Both **Computing** and **French for Travellers** are in recess until 2024 unless there is an influx of new enrolments for this term.

## STATEWIDE ONLINE COURSES

Time to get to know and love your computer. John Travers, Statewide coordinator, is trialling new way of delivering his Information Technology sessions. Rather than having to join a series, you can enrol in whichever of the 5 topics suit your needs:

- 1 Organise Me
- 2 Photo World
- 3 iPad
- 4 Web Explorer
- 5 Search and Artificial Intelligence

They are aimed at beginners. If successful, more topics will be added. For more details and to enrol visit: <https://u3asouthaustralia.org.au/courses-2/>

The Mental Health: Fact, Opinion, Fiction new course has started and welcomes new members.

Friday 3 November

## U3A Annual General Meeting

Starts at 2 pm, Barbara J. Long Room, Clare Town Hall

Guest Speaker: Serena Lynch speaking about her unusual career arc: 'From Police to Puppies' which is about breeding pups for a purpose.

Entries in annual photography competition on screen and winner announced

**Afternoon Tea to follow**

Nominations for election close with Secretary on Friday 27 October 2023

Photos showcasing U3A activities to [u3alownorth@gmail.com](mailto:u3alownorth@gmail.com)

Friday 8 December

## U3A End of Year Lunch & Movie

Starts at 12 for 12.30 pm, Blyth Hall side entry

Please bring a plate of finger food to share

**Movie to follow at Blyth Cinema**

(yet to be selected but we always try for something special)

**All Group Leaders invited to attend as our guests**

A time for all members to combine and applaud the contribution of our group leaders, farewell classmates and catch up with friends before the Christmas holidays

The secretary will be accepting early bookings but full details will be in the final 2023 newsletter



LOWER NORTH

## Nomination for Office

Office: \_\_\_\_\_ Nominee: \_\_\_\_\_

Nominated by: \_\_\_\_\_ Signed: \_\_\_\_\_

I accept this nomination. Signed: \_\_\_\_\_

To be in the hands of the Secretary by 5 p.m. on the Friday preceding the AGM.

See Secretary if extra forms required.

## DO YOU NEED TO UPDATE YOUR DETAILS?

**RETURN** new or changed enrolments ASAP: U3A office door box in Clare Town Hall, or P.O. Box 480, Clare SA 5453 (messages 0447 601 142, asku3a@gmail.com).

**This is for existing members only. New members should complete a once-only New Members Enrolment Form (downloadable from website or on request).**

Name: \_\_\_\_\_

I have changed my address/phone/email to: \_\_\_\_\_

Enrol me in: \_\_\_\_\_

Remove me from: \_\_\_\_\_

**Newsletters** by post [ ] or email [ ]. **Payment** by cheque [ ] cash [ ] EFT [ ] PTO for all options .

*All information kept in accordance with U3A Lower North Inc. privacy policy (see website).*



### 2023: FOURTH TERM ACTIVITIES

CLASS	LEADER	TIME	STARTS	VENUE
Art, Auburn	<i>Ann Foster</i>	Wed 9:30 am – 1:30 pm	18/10/2023	Auburn oval
Art, Burra	<i>Ann Foster</i>	2 <sup>nd</sup> Tue, 9.30 am – 2.30 pm	10/10/2023	Burra Showgrounds
Book Group 1	<i>Hermann Weber</i>	Alt Thu 10:30 am – 12 noon	19/10/2023	St Barnabas, Clare
Book Group 2	<i>Kath Lock</i>	Alt Thu 1.30 – 3 pm	26/10/2023	Clare Town Hall
Coffee & Chat	<i>Doreen Hill</i>	Wed 10.30 am	18/10/2023	Various
Computing	<i>Quentin Fleming</i>	Fri 10 am – 12 noon	In recess	Clare Town Hall
Contract Bridge	<i>Peter Wood</i>	Mon 1.30 – 4 pm	16/10/2023	Tourist Centre
Cryptic Crosswords	<i>Greta Handmer</i>	Alt Thu 10.30 am	26/10/2023	25 Edward St, Clare
Current Affairs	<i>Quentin Fleming</i>	Alt Thu 1.30 – 3 pm	19/10/2023	Clare Town Hall
Drumbeat	<i>John Monten</i>	Mon 10 – 11.30 am	16/10/2023	To be advised
Exercise 1	<i>Chris Roberts</i>	Tue 9 – 10 am	17/10/2023	Lutheran Hall
Exercise 2 (seated)	<i>Chris Roberts</i>	Tue 10 – 11 am	17/10/2023	Lutheran Hall
Film Group	<i>Sue Mayfield</i>	Changing to 2nd Tue 2 pm	10/10/2023	Blyth Cinema
French for Travellers	<i>Kath Lock</i>	Thu 3 – 4 pm	In recess	Clare Town Hall
German for Travellers	<i>Ralf Armin-Grimm</i>	Tue 10 – 11.30 am	17/10/2023	Clare Town Hall
Get Online Session	<i>Ian Stanley</i>	Wednesday 10.30 – 2.30	18/10/2023	B.J. Long Room
Knit and Sew	<i>Mary Clark</i>	Tue 2 – 4 pm	17/10/2023	Clare Town Hall
Lunch Club	<i>Katherine Stoddart</i>	First Tue. 12 noon	3/10/2023	Various
Mah-jong, Auburn	<i>Sue Beaton</i>	Tue 2 – 4 pm	17/10/2023	Tennis Clubrooms
Mah-jong, Clare	<i>Pam Murray</i>	Wed 2 – 4 pm	18/10/2023	St Barnabas, Clare
Mah-jong (Western)	<i>Katherine Stoddart</i>	Fri 10 am – 12 noon	20/10/2023	Tourist Centre
Music Appreciation	<i>Helen Weckert</i>	1 <sup>st</sup> , 3 <sup>rd</sup> Wed 2.30 – 4.30 pm	18/10/2023	10 March Ct, Clare
Music: Ukelele	<i>Steve &amp; Tamar Young</i>	Thu 10 am – 12 noon	19/10/2023	Clare Town Hall
Petanque	<i>Kerry Lampard</i>	Tuesday 3 – 5 pm	17/10/2023	Melrose Park, Clare
Quilting	<i>Diane Richardson</i>	Thu 10 am – 1 pm	19/10/2023	St Barnabas, Clare
Scrabble	<i>Carol Stewart</i>	Mon 1:15 pm	16/10/2023	St Barnabas, Clare
Walking Group	<i>Margaret Daly</i>	Mon 8 am	16/10/2023	Riesling Trail