



U3A LOWER NORTH

Sharing Skills and Experience with Friends

NOVEMBER 2022 🍷 TERM ONE 2023

University of the Third Age is now a global movement

🍷 Post Office Box 480, Clare, South Australia, 5453 🍷

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Dear Members,

Greetings from a very sodden hollow in the Clare Valley where every dam and damn puddle overflows.

Our 18th Annual General Meeting proved to be a real winner thanks to John Monten and the U3A Drumbeat group. I don't know why John was initially hesitant to accept because everyone loved their performance.

By coincidence, a photo of Drumbeat won the annual competition so it was really their day.

We have high hopes for the two new committee members: Katherine Stoddard and Doreen Hill while other members have had a re-shuffle to allow for ability and other commitments. In fact most members are heavy on 'other commitments'. No-one ever joins a committee because they have nothing better to do, they join because it is work that needs doing.

Inchiquin Lake may have spread to include parts of Melrose Park but it didn't stop Kerry Lampard from organising an official opening for the petanque pistes on 15 October. Petanque players attended from across the State and one guest of honour was quite rightly Mayor Wayne Thomas as the Council obtained the grant and built the petanque play area. U3A will be playing every Tuesday during daylight saving time.

As you can see from the panel opposite, the end-of-year celebrations are well worth attending. Inside you will find: committee changes, 2023 course list, calendar changes, new activities, enrolment days, etc.

*Hope to see you for lunch at Blyth,
Claire*

End of Year Lunch & Film

You are invited to lunch with friends then sit back to watch *Mrs Harris Goes to Paris*.

Friday 9 December will be our final day for the U3A year with lunch, 12 for 12.30, at the Blyth Hall supper room. Please bring a plate of finger food suitable for sharing. Soft drink provided.

After lunch and a chat (remember name tags), it's over to the cinema for our film.

Mrs 'Arris Goes to Paris was a novel by Paul Gallico, printed in 1958, the first in a series of 4, about the adventures of a London char lady.

The plot revolves around Ada Harris, who is so enchanted by her employer's couture wardrobe that she becomes determined to go to the House of Dior in Paris to purchase an evening gown of her own. First a book, then a musical and now a film: it is obviously a winning story

Book early with Peter Wood (0411 662 384) or u3alownorth@gmail.com. It is \$10 (cost of film). If combining it with your membership fee for next year, put completed enrolment slip with exact money in envelope to speed processing. Arrive early to avoid queue. Sorry, no credit cards. Film tickets will be issued.

Do take this opportunity to catch up and thank group leaders before we all go in different directions for the festive season.

ACTIVITIES IN 2023

GERMAN FOR TRAVELLERS

Former teacher and German speaker, Ralf Armin-Grimm has offered to teach a German for Travellers course. Not often do we have the opportunity of learning with someone who is qualified to teach the subject professionally.

No previous knowledge of the language is needed. For those who might have had problems with pronunciation when doing French, I can assure you that German is much easier.

OUT TO LUNCH

Are you looking for an excuse to dress up and go out for lunch? Eating out is certainly not a solo occupation and is best experienced with company. For quite some time we have mooted the idea of a dining out group but needed someone to volunteer to lead it. Recent committee member Katherine Stoddart has put up her hand to be that person.

Keeping the group small enough to fit into all venues will be a challenge. Not everyone will want to attend every time so we may accept more enrolments than there are places for, and accept bookings each month from the first 10 or 12 to apply.

MORE MAH-JONG IS NEVER ENOUGH

A new Mah-jong group is starting: it will be the Western style of Mah-jong. Unlike the current groups, scores are not kept, just the number of games won.

Group leader Katherine Stoddard is an old hand at this style as she has been playing it in Adelaide for about 12 years.

The group will be meeting at the Clare Tourist Centre on Friday mornings, 10 to 12.30. Katherine has 2 mah-jong sets, enough for up to 8 people to play.

Katherine says the Western style does not progress naturally to the other version but "the reality is that if one knows the basics, then it is fairly easy to try the other version."

The benefits of playing either version include having fun while learning something new, mental alertness, and socialising.

HISTORY BECOMES HISTORY

After being off and on last year, History is definitely finished. Val Tilbrook has retired, and quite deservedly after so many years. With no successor on the horizon, and falling attendances, the committee felt it best to rest the topic until demand rebuilds and the right tutor comes along.

On behalf of the many people who have attended Val's classes over the years, a sincere thank you Val for the thousands of hours you have given U3A.

History was the first and last of Val's classes but there have also been Film Group and Coffee and Chat which have now found new leaders.

Val has donated her trove of lessons plans to U3A for the use of a future history group leader. It will be a valuable teaching resource and always remind us of the great contribution Val has made ever since U3A Lower North formed. A few years ago when Val retired from the committee we made her our first Life Member in recognition of her lengthy stint as inaugural Course Coordinator and as a group leader.

The committee set the criteria for Life Membership at a minimum of 10 years service on the committee plus 10 years as a group leader so it is not easily achieved and is a milestone worth boasting about.

NEW COMMITTEE

U3A Lower North only has a small committee and no extra helpers on sub-committees so it is vital we have a full complement of competent people willing to share the load. That is why we were delighted to welcome Katherine Stoddart and Doreen Hill to our ranks at the recent AGM.

Katherine, our new minute secretary, has already proved her worth by also taking on the leadership of two groups. Committee person Doreen Hill will be known to most of you as she already leads Coffee and Chat.

Our former Assistant Secretary Bonnie Stanley has stepped up to be Secretary, allowing Ian Foster to become Vice President. At the moment he is fulfilling both roles while Bonnie is in Perth for a few weeks. Keep them happy by replying promptly to RSVPs and submitting enrolment sheets with all data complete.

We have managed to retain former V.P. Kath Lock as the other committee person.

Our thanks to Peter Lisman and Jillian Wood for their contribution while on the committee.

If you have skills to offer, you needn't wait until we have a vacancy. Let us know and we will find something to suit your talents. At the moment we really need a publicity officer and people willing to help out Bonnie on a Facebook sub-committee.

COVID CONTINUES

COVID is not back, it never went away. Please remember to take all sensible precautions for your own safety and that of fellow members who may be particularly vulnerable to health problems.

ENROL NOW FOR 2023

Enrolments do not carry on from one year to the next. To ensure your place, please submit enrolment slip and payment as soon as possible. Enrolments are processed on a first come first served basis. While some groups struggle for numbers, others fill quickly.

New members should fill out a New Members Enrolment Form available from our website or anyone on the committee.

Enrolment is not complete until both money and paperwork are received.

EARLY BIRDS SAVE \$10

The annual subscription is \$35 but there is a \$10 discount for payment by Friday 27 January. Don't risk forgetting. Enrol and pay now just \$25.

When the early bird rate expires on 27 January, it will be \$35 for the rest of the year. However anyone joining for the first time in Term 4 will be financial for the coming year as well, 5 terms for the price of 4.

Payments can be made 4 ways:

- Registration Days. Thursday 15 December or Friday 27 January. Treasurer and/or Course Coordinator will be in the Clerk's Office, Clare Town Hall from 9.30 to 12.30 (cash only) **or**
- at Blyth lunch before 12 (Please note this is not a true registration day so keep things running smoothly by placing exact money and completed booking slip inside an envelope); **or**
- post cheques made out to 'U3A Lower North Inc.' to PO Box 480, Clare, 5453; **or**
- pay online. (U3A Lower North Inc., No. 748828019; BSB 085 558. For ID use surname followed by initial, e.g. John Smith = smithj. Emails to u3alownorth@gmail.com).

DATES FOR 2023

2023 has four 8 or 9-week terms divided by 3-week holiday breaks. If meeting outside these dates inform the secretary to protect group leader insurance.

Enrolment days for 2023 at Clare Town Hall: _____

Thursday 15 December 2021 and Friday 27 January

Deadline for enrolments and payment: __ 27 January

Group Leaders Event: _____ Wednesday 8 February

TERM 1: __ Monday 13 February to Thursday 6 April

TERM 2: _____ Monday 1 May to Friday 30 June

TERM 3: __ Monday 24 July to Friday 22 September

TERM 4: Monday 16 October to Friday 7 December

Annual General Meeting: _____ Friday 3 November

Enrolment day for 2024: _____ Thursday 7 December

End-of-year lunch & movie: _____ Friday 8 December

U3A NAME TAGS

We are now taking orders for these hard white plastic name tags. (conference name tags are automatically issued.) See booking slip to order. Replacement magnets available.

STATEWIDE ONLINE COURSES

Any U3A Lower North member is eligible to enrol in Statewide online courses free of charge. Likewise our group leaders might like to extend their class online.

The following Statewide courses are continuing and there will be more starting from February: Climate Change; Information Inspiring Action; French 2; Italian Conversation; Philosophy An Interactive Course; Moving Forward Positively; Positive Psychology; Writing Critique Group; Wordpress Workshop; David Kilner talks on Biography and Science. **See and enrol for Statewide courses at u3asouthaustralia.org.au/courses-2/**

Friday 9 December

U3A End of Year Lunch & Movie

Starts at 12 for 12.30 pm, Blyth Supper Room

Please bring a plate of finger food to share

UK film *Mrs Harris Goes to Paris* to follow at Blyth Cinema

All Group Leaders invited to attend as our guests

A time for all members to combine and applaud the contribution of our Group Leaders, farewell classmates and catch up with friends before the Christmas holidays

\$10 a head (for film), contact Claire or Peter Wood 0411 662 384 to book

Booking slip over page with enrolment

2023: FIRST TERM ACTIVITIES

CLASS	LEADER	TIME	STARTS	VENUE
Art, Auburn	<i>Ann Foster</i>	Wed 9:30 am – 1:30 pm	15/2/2023	Auburn oval
Art, Burra	<i>Ann Foster</i>	2 nd Tue, 9.30 am – 2.30 pm	14/2/2023	Burra Showgrounds
Book Group 1	<i>Hermann Weber</i>	Alt Thu 10:30 am – 12 noon	23/2/2023	St Barnabas, Clare
Book Group 2	<i>Kath Lock</i>	Alt Thu 1.30 – 3 pm	16/2/2023	Clare Town Hall
Coffee & Chat	<i>Doreen Hill</i>	Wed 10.30 am	15/2/2023	Various
Computing	<i>Quentin Fleming</i>	Fri 10 am – 12 noon	17/2/2023	Clare Town Hall
Contract Bridge	<i>Peter Wood</i>	Mon 1.30 – 4 pm	13/2/2023	Tourism Centre
Cryptic Crosswords	<i>Greta Handmer</i>	Alt Thu 10.30 am	16/2/2023	25 Edward St, Clare
Current Affairs	<i>Quentin Fleming</i>	Alt Thu 1.30 – 3 pm	23/2/2023	Clare Town Hall
Drumbeat	<i>John Monten</i>	Mon 10 – 11.30 am	13/2/2023	To be advised
Exercise 1	<i>Chris Roberts</i>	Tue 9 – 10 am	14/2/2023	Lutheran Hall
Exercise 2 (seated)	<i>Chris Roberts</i>	Tue 10 – 11 am	14/2/2023	Lutheran Hall
Film Group	<i>Sue Mayfield</i>	Usually 1st Tue 2 pm	7/2/2023	Blyth Cinema
French for Travellers	<i>Kath Lock</i>	Thu 3 – 4 pm	16/2/2023	Clare Town Hall
German for Travellers	<i>Ralf Armin-Grimm</i>	Tue 10 – 11.30 am	14/2/2023	Clare Town Hall
Knit and Sew	<i>Mary Clark</i>	Tue 2 – 4 pm	14/2/2023	Clare Town Hall
Lunch Club	<i>Katherine Stoddart</i>	First Tue. 12 noon	7/2/2023	Various
Mah-jong, Auburn	<i>Sue Beaton</i>	Tue 2 – 4 pm	14/2/2023	RSL Rooms
Mah-jong, Clare	<i>Pam Murray</i>	Wed 2 – 4 pm	15/2/2023	St Barnabas, Clare
Mah-jong (Western)	<i>Katherine Stoddart</i>	Fri 10 am – 12 noon	17/2/2023	Tourism Centre
Music Appreciation	<i>Helen Weckert</i>	1 st , 3 rd Wed 2.30 – 4.30 pm	15/2/2023	10 March Ct, Clare
Petanque	<i>Kerry Lampard</i>	Tuesday 3 – 5 pm	14/2/2023	Melrose Park, Clare
Quilting	<i>Diane Richardson</i>	Thu 10 am – 1 pm	16/2/2023	St Barnabas, Clare
Scrabble	<i>Carol Stewart</i>	Mon 1:15 pm	13/2/2023	St Barnabas, Clare
Walking Group	<i>Margaret Daly</i>	Mon 8 am	13/2/2023	Riesling Trail

STATEWIDE ONLINE COURSE TRIAL: view courses or enrol at: <https://u3asouthaustralia.org.au/courses-2/>



Retain top half for class times, etc. Assume enrolment accepted on payment unless you hear otherwise.

RETURN enrolments ASAP: U3A office door box in Clare Town Hall, or P.O. Box 480, Clare SA 5453 (messages 0447 601 142, asku3a@gmail.com). **New members** should complete a once-only New Members Enrolment Form (downloadable from website, we can email you one or they will be provided at registration days).

Name: _____

Any change of address/phone/email since last year?: _____

ENROLMENTS early bird rate \$25 by Friday 27 January 2023, after that \$35.

Enrol me in: _____

Newsletters by post [] or email []. **Payment** by cheque [] cash [] EFT [] All options page 3.

OPTIONAL HARD NAME TAGS \$12 Please tick for pin back [] or magnetic back []

Print name as you want it to appear _____

2022 END OF YEAR LUNCH & FILM \$10 For self [] and [] number of guests.

Book lunch/film by 3/12/22: Phone Peter Wood (0411 662 384) or email u3alowernorth@gmail.com

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